



ALBANY MED
Health System



2025 Annual Report

First Choice

Dear Colleagues, Partners, and Friends,

The Albany Med Health System was created with a clear purpose: to bring together exceptional organizations into one academic health system capable of delivering the highest quality care—consistently, seamlessly, and close to home.

That work is well underway. Across our hospitals, clinics, and community settings, we are increasingly operating as one system—expanding access, connecting patients to the right care at the right time, and elevating standards across every setting. What began as a collection of strong institutions is becoming a more coordinated, higher-performing system—one that delivers greater value and impact for the communities we serve.

Now, we are raising our ambition.

First Choice 2030 is our commitment to become the first choice for patient experience, quality, and clinical excellence—for every patient, every time. It is both a vision and a standard—one that aligns our teams and extends beyond our walls to those who share our mission: our donors, community partners, academic institutions, industry collaborators, and public leaders shaping the future of health in our region.

Delivering on this commitment requires disciplined focus in two critical areas:

First, we are strengthening the core of our system—deepening clinical and operational integration, aligning service lines, and simplifying how patients, providers, and partners engage with us. A more connected system means fewer barriers, faster access, more consistent outcomes, and a better experience across every campus and care setting.

Second, we are building for the future—investing in innovation, digital capabilities, research, and new models of care that will define the next generation of health care. As the region’s only academic health system, we are uniquely positioned to bring together care delivery, discovery, and education—and to translate that work into real-world impact through meaningful partnerships.



Raimundo C. Archibold Jr.



Daniel T. Pickett III

This work is fundamentally collaborative.

Philanthropic support enables us to expand access, invest in leading-edge technology, and accelerate programs that directly improve patient outcomes. Partnerships with academic and industry leaders advance research, innovation, and workforce development. Collaboration with community organizations ensures we are addressing not only clinical needs, but the broader drivers of health across our region.

Together, these relationships extend our reach, strengthen our capabilities, and amplify our impact.

At the center of it all are our people. More than 17,000 physicians, nurses, researchers, educators, and team members bring our mission to life each day with extraordinary expertise, compassion, and commitment. Their work—supported by the trust and partnership of our broader community—is what defines Albany Med.

We are operating in a moment of rapid change for health care. Expectations are higher, needs are more complex, and the pace of innovation continues to accelerate. Meeting this moment requires not only excellence in what we do today, but a clear commitment to evolve, invest, and lead.

We are confident in our path forward—grounded in the strength of our system, the clarity of our vision, and the power of our partnerships.

We are proud of the progress reflected in this report—and deeply grateful to all who contribute to this shared work.

Together, we make Albany Med first choice.

Rai Archibold
*Chair, Board of Directors
Albany Med Health System*

Dan Pickett
*President and CEO
Albany Med Health System*

First Choice



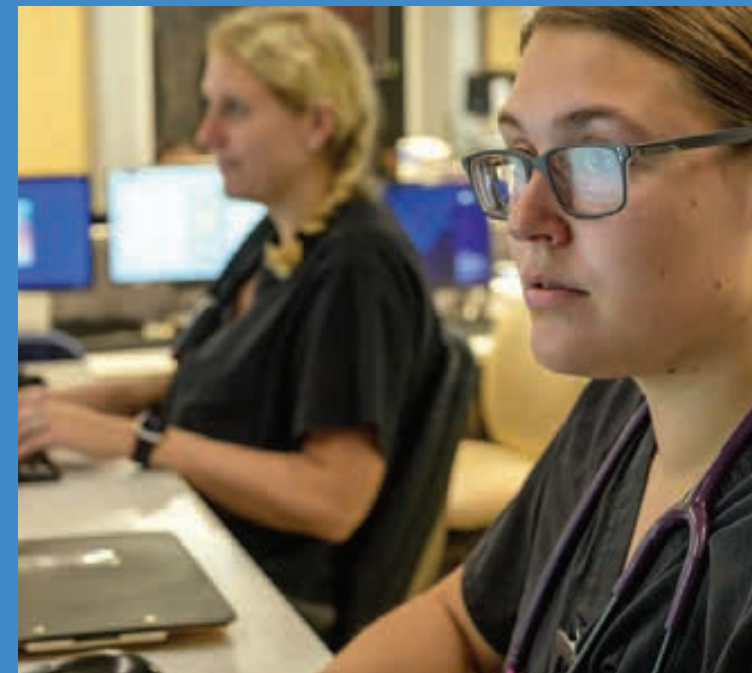
VISION

To be the first choice for patient experience, quality, and clinical excellence.



MISSION

The Albany Med Health System is the first choice for patient experience, quality, and clinical excellence by delivering accessible, collaborative, and trusted care, advancing discovery, and educating the next generation of health care professionals.

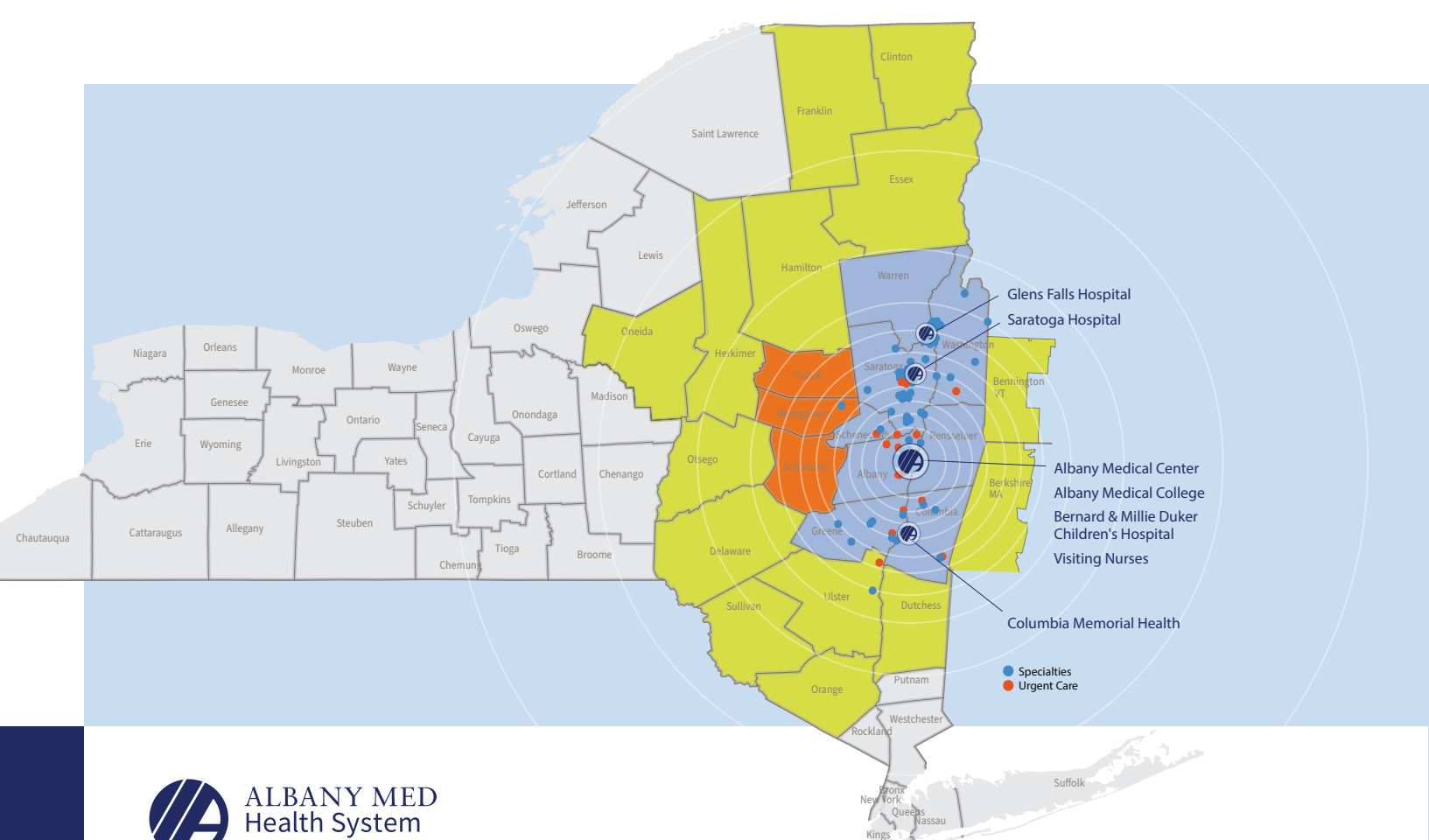


STRATEGY

The Albany Med Health System is the region's most trusted, accessible, and transformative health system providing high-quality, patient-centered, and coordinated care across northeastern New York and western New England.

Through collaborative partnerships, we will further integrate innovation, education, and care to develop future health care professionals, accelerate discovery, and improve patient outcomes.

The Albany Med Health System will be the first choice for patients, dedicated team members, providers, researchers, educators, and learners, improving health for all and supporting regional growth.



IN THE ALBANY MED HEALTH SYSTEM, each campus is a pillar of its community. Each plays a distinct, valued role in delivering the highest standards of patient care, clinical excellence, education, and community leadership. Working together as a System extends the collective impact far beyond what any one organization could achieve alone.

The Albany Med Health System—the region’s only academic health system—cares for the most complex and high-risk patients. But what sets the System apart is not just the level of care provided. It’s the team that makes that care possible and their dedication to leading the way in providing highest quality and accessible care, now and into the future. It’s the System’s structure that ensures consistency of clinical excellence in all settings. It’s the drive for innovation and the latest technology to shape the future of health care.

A fully-integrated System means:

- High-acuity specialty services accessible to all
- Regional hospitals bringing clinical specialization to their communities
- Subspecialty programs expanded based on regional demand and community need

The Level 1 Adult and Pediatric Trauma Centers, Children’s Hospital, advanced oncology programs, comprehensive stroke center, and complex specialty services define the System’s role in this region. At the same time, community hospitals are essential clinical partners, delivering strong programs that meet local needs and strengthen the System as a whole.

We provide care that many other systems cannot. We educate the next generation of physicians and health care professionals. And we advance research that improves how medicine is practiced. That combination—advanced care, strong community connections, and academic excellence—is what truly differentiates the Albany Med Health System.



ALBANY MEDICAL CENTER



ALBANY MEDICAL COLLEGE



COLUMBIA MEMORIAL HEALTH



GLENS FALLS HOSPITAL



SARATOGA HOSPITAL



VISITING NURSES

An abstract graphic consisting of three thin, white, curved lines that originate from the bottom center and curve upwards and outwards, creating a sense of movement and depth. The lines are set against a solid yellow background.

Areas of
Distinction



Elevated Care Through an Academic Health System

Being an academic medical system—the only in northeastern New York and western New England—elevates patient care, quality, and clinical excellence.

The System cares for the most complex and high-risk patients—cases other hospitals are not equipped to manage. The breadth and depth of providers' expertise means patients can receive high-quality care close to home, with seamless connection to advanced or complex care.

The next generation of health care providers train here. The faculty physicians seek and implement leading-edge techniques and treatments. Residents, fellows, and medical students are key participants in care teams, as are the nurses and allied health professionals educated on System campuses, enhancing the patient experience.

The research done here improves how medicine is practiced. Clinical care and academic medicine work hand in hand across service lines, supporting clinical research, discovery science, and innovation—and bringing new developments to patient care.

One of New York State’s Busiest Trauma Centers

No one expects an emergency—but our team stands ready, 24/7, in case tragedy strikes.

Albany Medical Center’s Emergency Department is home to the region’s only Level 1 Adult and Pediatric Trauma Centers, providing comprehensive and expert care to the most severely injured across our region and our System.

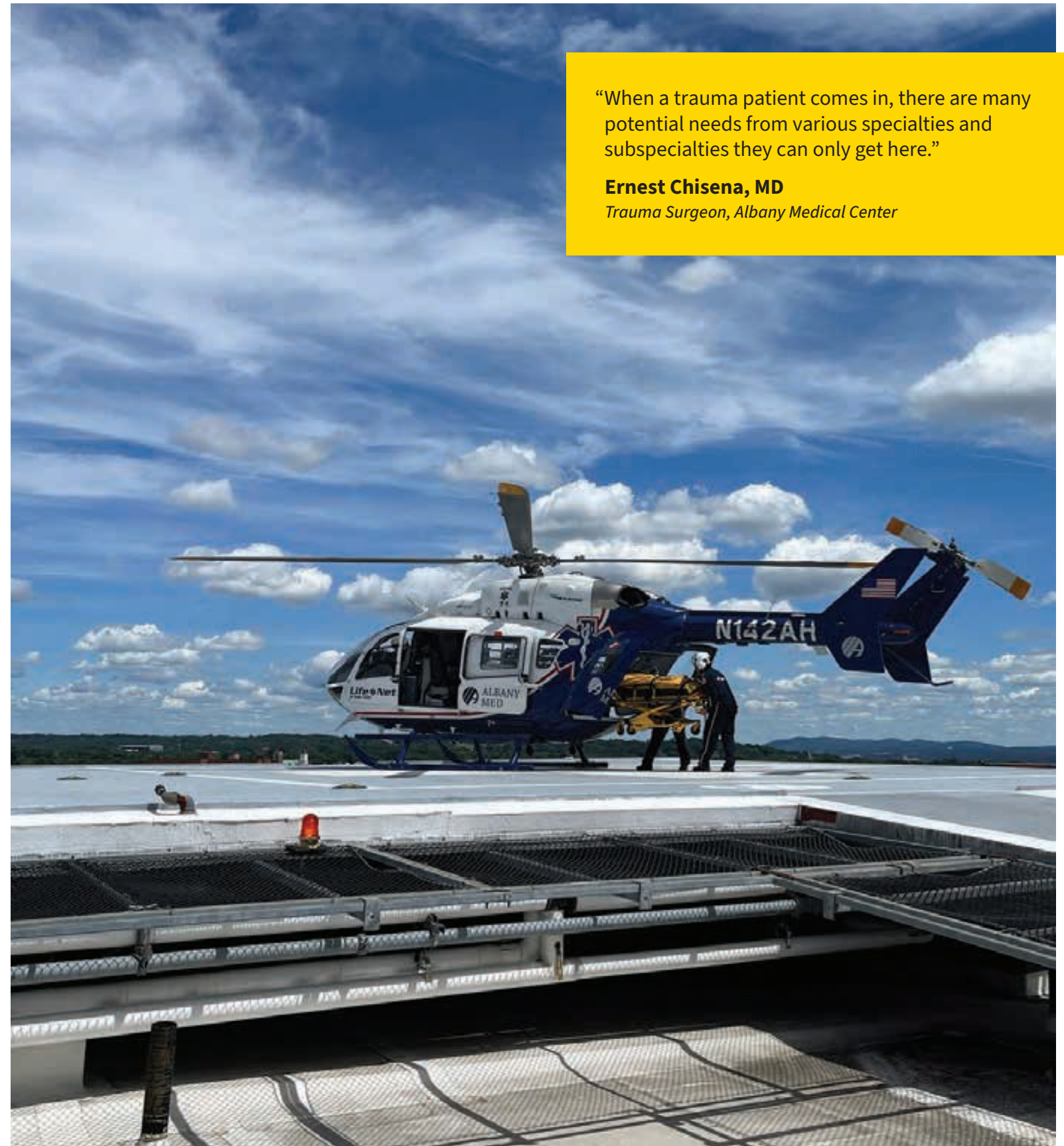
Our emergency teams work with first responders to ensure patients get the care they need as quickly as possible.

To earn this designation, a hospital must have 24-hour availability from a full spectrum of surgeons, a surgically directed critical care service, with pre- and post-anesthesia services, and an available operating room within 15 minutes. There are also required prevention and public education efforts, continuing education of trauma program members, and a comprehensive quality assessment program.

“When a trauma patient comes in, there are many potential needs from various specialties and subspecialties they can only get here.”

Ernest Chisena, MD

Trauma Surgeon, Albany Medical Center





Tradition of Excellence in the Neurosciences

From the most complex surgeries for brain tumors, to the latest technology to identify and treat stroke, to groundbreaking research on Alzheimer's disease and other neurodegenerative disorders, the System is renowned for a tradition of excellence in the neurosciences.

Comprising neurology and neurosurgery, the System's neurosciences program embraces cross-departmental collaboration to provide the most advanced care.

The System offers some of the most advanced neurosurgical and minimally invasive procedures available.

- **Neurosurgical expertise:** endovascular stroke care, pediatric neurosurgery, functional neurosurgery, neuro-oncology, trauma neurosurgery, cranial base surgery, spine surgery
- **Neurological expertise:** epilepsy, Huntington's disease, Parkinson's disease and other movement disorders, amyotrophic lateral sclerosis (ALS), neuropathy, pain management, multiple sclerosis and other neuromuscular diseases, dementias and neurodegenerative disorders
- Albany Medical Center is a DNV-certified **Comprehensive Stroke Center**
- Albany Medical Center's and Glens Falls Hospital's **Centers of Excellence for Alzheimer's Disease**
- Albany Medical Center is a **Huntington's Disease Society of America Level 2 Center of Excellence**
- Albany Medical Center's adult Epilepsy Program is a **National Association of Epilepsy Centers Level 4 Center**

A Leader in Heart and Vascular Care

The Albany Med Health System provides the most complete heart and vascular care in the Capital Region, including diagnostics, advanced surgery, and the latest minimally invasive technology to address routine and complex medical issues.

The founding vision for the Albany Med Health System was to elevate one standard of high-quality care that reduces barriers like place and time.

A transformation of Columbia Memorial Health's Greene Medical Arts facility, expected to be completed by late 2026 to early 2027, will feature a Cardiac Care Center for same-day evaluations and offer patients enhanced access to the System's array of services.

Meanwhile, north of Albany, patients can also receive heart care at Glens Falls Hospital and Saratoga Hospital. Patients who require a higher level of care have direct access to services provided at Albany Medical Center.

"Each System campus holds a critical role in their communities. Our collective strength sets us apart and fosters collaborative, patient-centered care that positions us as the premier cardiovascular program in the region."

Soon J. Park, MD

*Cardiothoracic Surgeon and Surgical Director of Cardiovascular Services
Albany Medical Center*





High-level Care for Our Youngest Patients

The Bernard & Millie Duker Children's Hospital at Albany Medical Center is the region's only children's hospital. With 130 beds, this hospital-within-a-hospital is devoted exclusively to the unique medical needs of infants, children, and adolescents.

The referral center for all seriously sick and injured children across 25 counties in upstate New York and western New England, the Children's Hospital provides high-quality, personalized care close to home.

- The Massry Family Children's Emergency Center, the region's only Level 1 Pediatric Trauma Center and only **pediatric emergency department**
 - 25,000 visits annually
 - Pediatric ambulance
- The Cove, a specifically designed, secure unit for **pediatric behavioral health** patients awaiting psychiatric evaluation and inpatient placement
- The Melodies Center for Childhood Cancer and Blood Disorders
 - Region's only **childhood cancer and blood disorder treatment center**
 - Treating more than 1,500 children each year
 - 40+ **pediatric cancer studies** through the National Cancer Institute and Children's Oncology Group, working to find the most advanced treatments and clinical trials
- Highest level (IV) **Neonatal Intensive Care Unit (NICU)** for premature and critically ill newborns
- The region's only **Pediatric Intensive Care Unit (PICU)**

240+
providers

40+
pediatric
specialties

400+
pediatric nurses,
therapists, social
workers, and child
life specialists

Comprehensive Cancer Care Close to Home

A cancer diagnosis is devastating. The Albany Med Health System team is committed to guiding every patient through their journey, with compassion.

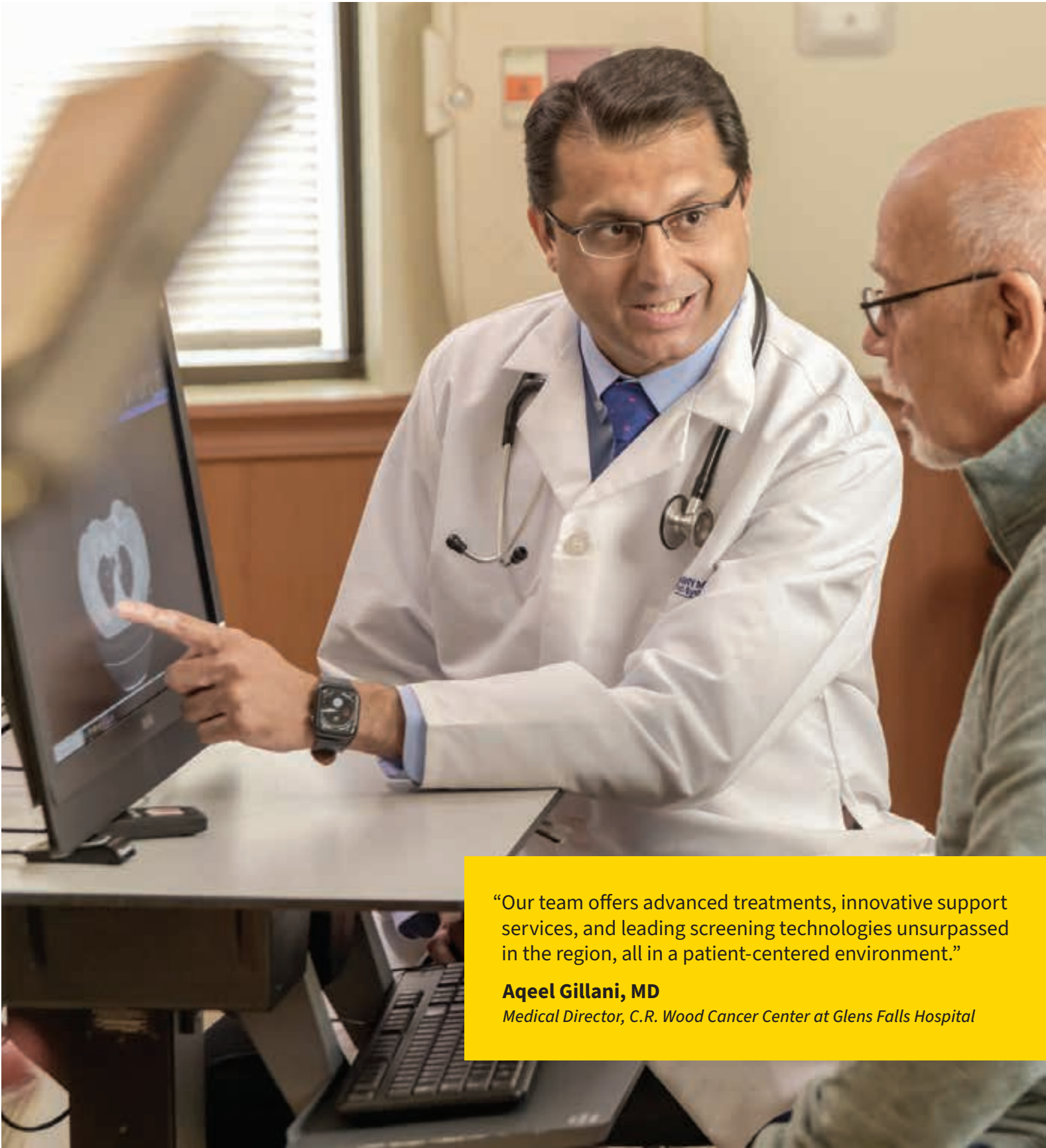
The System offers a true multidisciplinary approach to cancer care—from diagnostic, therapeutic, surgical, and pediatric oncology in Albany to the innovative programs of the C.R. Wood Cancer Center in Glens Falls and Saratoga—bringing clinical excellence and renowned support to patients across the region.

Our specialists collaborate to determine the best possible, personalized path forward for every patient.

With approximately 40 national clinical studies available for treatment, quality of life, and prevention, patients have access to leading-edge therapies while also contributing to the progress being made in the field of oncology.

THE TEAM:

- ▶ Leading oncologists
- ▶ Nurse navigators
- ▶ Health psychologists
- ▶ Mental health counselors
- ▶ Oncology nutritionists
- ▶ Rehabilitation specialists
- ▶ Pharmacists
- ▶ Genetic counselors
- ▶ Spiritual care



“Our team offers advanced treatments, innovative support services, and leading screening technologies unsurpassed in the region, all in a patient-centered environment.”

Aqeel Gillani, MD
Medical Director, C.R. Wood Cancer Center at Glens Falls Hospital

**Our surgeons work as a team
across multiple disciplines,
with expertise in:**

Bariatric Surgery
Breast Surgery
Cancer Surgery
Cardiothoracic Surgery
Colorectal Surgery
Critical Care Surgery
ENT Surgery
Endocrine Surgery
Endovascular Surgery
Endovascular Neurosurgery
General Surgery
Neurosurgery
Obstetrics & Gynecology
Orthopedic Surgery
Plastic and Reconstructive Surgery
Surgical Oncology
Thoracic Surgery
Transplant Surgery—Kidney
Trauma Surgery
Urologic Surgery
Vascular Surgery

More Surgeries for More Patients

Surgery in the Albany Med Health System is centered around the patient—and no one does more in northeastern New York.

Our surgeons offer routine care and the most complex operations necessary befitting a Level 1 Trauma Center, as well as routine elective surgical procedures.

Robotic surgery is led by surgeons and enhanced with technology that enables surgeons to perform delicate and complex operations through a few small incisions with the assistance of highly technical robotic arms. These robotic procedures most often result in shorter hospital stays, fewer complications, minimized scarring, and faster recovery times.

First in the region

- Robotic gastric bypass
- Artificial spine disc surgery
- Minimally invasive tricuspid valve replacement

Pediatric Surgery

At the Bernard & Millie Duker Children's Hospital, we have the technology and equipment to perform advanced surgical techniques to treat a wide range of conditions and illnesses.

In addition to pediatric general surgery, we have specialty trained surgeons in pediatric cardiothoracic surgery, neurosurgery, orthopedic surgery, otolaryngology surgery, plastic surgery, and surgical oncology. Our team has special training and extensive experience in a wide range of procedures from trauma surgery to repairing complex birth defects and numerous elective surgical procedures.

First Choice for High-Quality Care

THE ALBANY MED HEALTH SYSTEM is dedicated to being the first choice for patient experience, quality, and clinical excellence by delivering accessible, collaborative, and trusted care.



Regardless of where they start their journey—**Albany Medical Center, Columbia Memorial Health, Glens Falls Hospital, Saratoga Hospital**, or an urgent care or clinic—the System is committed to ensuring every patient receives the right care at the right time at the right place.

From the Children's Hospital to community specialty clinics, the System provides high-quality care using the latest treatments and leading-edge procedures to address routine and complex medical issues.

As part of an academic health system, patients also have access to clinical trials for new treatments and devices, and benefit from ongoing research conducted at Albany Medical College.



“Multidisciplinary collaboration is crucial, involving cardiologists, nephrologists, nurses and technicians to offer comprehensive counseling before the procedure, ensure proper patient monitoring, and provide follow-up care.”

Neil Yager, DO

*Interventional Cardiologist
Albany Medical Center*

First Minimally Invasive Tricuspid Valve Replacement in Capital Region

Interventional cardiologists at Albany Medical Center performed the Capital Region’s first implantation of a minimally invasive tricuspid valve replacement system.

The replacement system represents a major advancement for patients with severe symptomatic tricuspid valve regurgitation—a condition historically considered difficult to treat that allows blood to flow backward into the right atrium, straining the heart.

System Partnership Advances Research, Bolsters Patient Care Options for Kidney Patients

A research collaboration between Saratoga Hospital and Albany Medical College is advancing home hemodialysis therapy for patients with end-stage kidney disease or renal failure.

Patients able to complete this process at home have a lower mortality rate, lower incidence of depression, and better outcomes than those with traditional outpatient dialysis.

Rachid Daoui, MD, chief of Nephrology at Saratoga Hospital partnered with Loay Salman, MD, the Thomas Ordway, MD, Distinguished Professor of Medicine and chief of the Division of Nephrology and Hypertension at Albany Medical College, to compare patient outcomes when using the B. Braun machine—used routinely for incenter dialysis—at home. Their article on how the machine provided higher clearance was published in the *Hemodialysis International Journal*, 2025.

“The diagnosis of end stage renal disease is not a death sentence, it is a condition you live with. Patients that are proactive, and adaptive, can do well.”

Rachid Daoui, MD

Chief of Nephrology, Saratoga Hospital

New Renal Denervation Procedure Treats Uncontrolled Hypertension

Interventional cardiologists at Albany Medical Center are the first in the Capital Region to offer Renal Denervation Therapy, a minimally invasive, catheter-based procedure that is FDA-approved to treat resistant hypertension by targeting the nerves around the renal (kidney) arteries.

The reduction in overactive nerves leading to the kidney can result in additional improvements over time.

“The addition of this therapy demonstrates our commitment to offering the most advanced, comprehensive, patient-centered cardiac care and further positions the Albany Med Health System as the premier cardiovascular program in the region.”

Mohammad El-Hajjar, MD

*Director of Albany Medical Center’s
Cardiac Catheterization Laboratory*

55,000
surgeries systemwide



“The C.R. Wood Cancer Center not only offers comprehensive care and education, but also allows people to participate in clinical trials right here in their own community.”

Paul Scimeca
*President and CEO
Glens Falls Hospital*

Regional Excellence in Comprehensive Cancer Care

With leading medical expertise and renowned patient support, the C.R. Wood Cancer Center at Glens Falls Hospital provides elite care and clinical excellence.

Accredited by the American College of Surgeons as a Community Hospital Comprehensive Cancer Program, the highest designation outside of an academic environment, the center is focused on providing patients unparalleled care and support.

The Center offers a broad program of cancer services from treatments and innovative education and supportive programs to early detection and cancer prevention. The Breast Center at Glens Falls Hospital offers screening and imaging technology, and specializes in compassionate, patient-centered care plans for each individual.

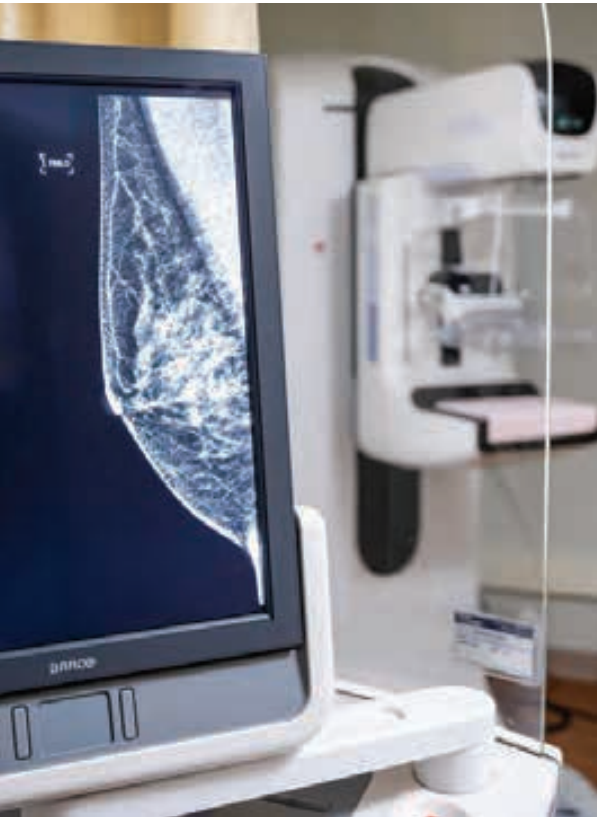
The C.R. Wood Cancer Center is an integral part of the comprehensive cancer services available in northeastern New York, with direct access to the high-level services available at Albany Medical Center and the clinical trials and research of Albany Medical College.

New Minimally Invasive Procedure Enhances Breast Surgery

A new procedure at Albany Medical Center’s Breast Care Center has enhanced precision in the identification and removal of breast tumors.

Through breast seed localization, tiny electromagnetic seeds the size of a grain of rice are used to mark abnormalities in breast tissue that may otherwise be too small to feel or see. Prior to surgery, a radiologist implants the seed where a tumor is located, resulting in more precise surgery.

Localization seeds are placed days or weeks before surgery, instead of long guide wires implanted the day of surgery.



Expert Breast Care, Centered on You

Saratoga Hospital’s Center for Breast Care is led by fellowship-trained breast surgeons Patricia Rae Kennedy, MD, and Jennifer Bayron, MD, whose expertise and collaborative approach ensure patients receive comprehensive, personalized care at every stage of their breast health journey.



Both surgeons are board certified and specialize in advanced breast cancer surgery, including breast-conserving procedures, mastectomy, oncoplastic techniques, aesthetic flat closure, and sentinel lymph node biopsy.

Together, they bring a strong focus on precision and innovation. Their work includes hidden-scar techniques, nipple-sparing approaches, and intraoperative ultrasound-guided procedures that enhance surgical accuracy and patient outcomes.

The Breast Center team provides comprehensive breast care including a robust risk assessment and survivorship program. Since opening in 2015, the Center has grown into a regional leader, supporting thousands of patients each year with expert care.

“We continuously seek advanced care options to enhance our patients’ experience and help set their minds at ease during what can be a difficult journey.”

Lynn Choi, MD
Breast Surgeon and Breast Care Center Director, Albany Medical Center



“Having Dr. Hayashi on-scene and later in the ED was tremendously valuable, both in his ability to administer and coordinate advanced life-saving medical care, and help obtain critical information in real time.”
New York State Police Captain John L. Duro

Early Intervention Critical for State Trooper Struck on Highway

When New York State Trooper Nicholas Abbondola was struck by a vehicle on a local highway, Albany Medical Center emergency medicine physician and paramedic Warren Hayashi, MD, rushed to the scene. Trooper Abbondola suffered significant trauma, and his blood pressure started dropping dangerously low.

In the ambulance, Dr. Hayashi transfused a unit of blood. “By the time we got to the hospital, he was more coherent and substantially improved.”

Dr. Hayashi is part of the Department of Emergency Medicine’s Division of Prehospital and Operational Medicine team that provides medical care to patients before they reach a hospital, including during transport.

A trauma patient could potentially need care from various specialties and subspecialties—orthopedic, neuro, vascular, and plastic surgery, a combination only available at Albany Medical Center.

Trooper Abbondola sustained broken ribs, vertebrae, left scapula, right femur and ulna; a fractured pelvis and dislocated elbow; torn ligaments in his left leg; black eyes, facial cuts, and road rash on both legs. He spent the next month at Albany Medical Center.

He commends his care team, from the first responders to his unit floor nurses. “Everyone went above and beyond to take care of me,” he said. “I knew I was in the right place to get better and move on.”



4,500
adult and pediatric
trauma cases annually

“Every patient who comes through our trauma bays had their lives changed in an instant. Our goal is to get them back to the life they had before the accident.”

Ernest Chisena, MD

Trauma Surgeon, Albany Medical Center

First Choice for Children

The Bernard & Millie Duker Children’s Hospital is the region’s only hospital dedicated to the medical needs of infants, children, and adolescents.

With 130 beds, the Children’s Hospital provides highly specialized pediatric care close to home. Patients can get high-level treatment right here, instead of needing to travel to New York or Boston.

More than 40 subspecialties including:

- pediatric hematology and oncology
- pediatric surgery
- neonatal and pediatric intensive care
- pediatric emergency medicine

- ▶ The region’s only **Pediatric Intensive Care Unit**, caring for more than 1,100 critically ill or injured children.
- ▶ A **Congenital Heart Program** led by Neil Devejian, MD, one of New York’s top congenital heart surgeons, with more than two decades of experience treating the most complex cases.
- ▶ Albany Medical Center is the designated **Level IV Northeastern New York Regional Perinatal Center**, providing consultation services for all birthing hospitals across 25 counties.



“The Bernard & Millie Duker Children’s Hospital is a place that we hope you never have to visit, but we take tremendous pride in knowing we are here in case your child should ever need world-class care, close to home.”

Barbara E. Ostrov, MD

Chief of Service, Bernard & Millie Duker Children’s Hospital; Martha Lepow, MD, Endowed Professor and Chair, Department of Pediatrics

“I love what I do, and I’m honored to do it!”

Mary Beth Nichols

Child Life Specialist



Child Life Specialist of the Year

Mary Beth Nichols, a child life specialist at the Melodies Center for Childhood Cancer and Blood Disorders, was nationally recognized as Children’s Miracle Network Hospitals’ Child Life Specialist of the Year.

Nichols helps children and families cope with the stress of hospitalization, including preparation for procedures, age-appropriate education, pain management strategies, family psychological and emotional support, and more. For six years, Nichols has worked at the Melodies Center, the region’s only childhood cancer center.

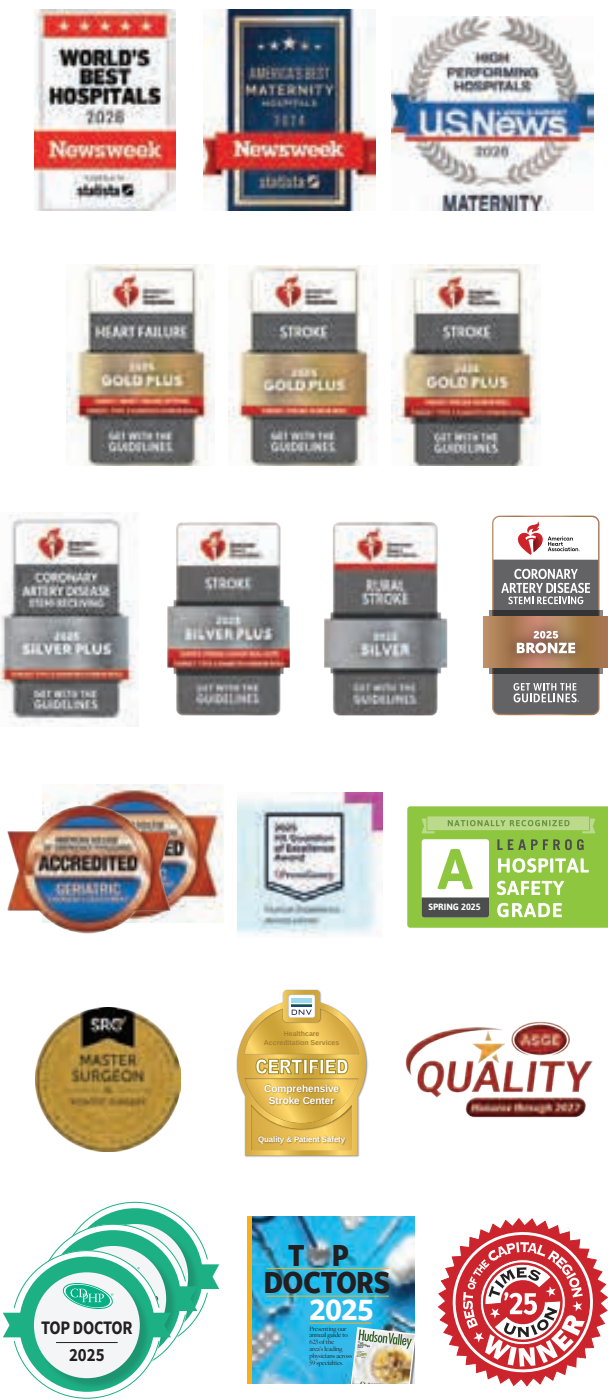
The award includes a \$20,000 gift in Nichols’ name to the Bernard & Millie Duker Children’s Hospital.

Child-Sized Vehicle Donated to Massry Family Children’s Emergency Center

A child-sized vehicle specifically designed for hospitals was donated by the Capital Region and North Country Honda Dealers to the Bernard & Millie Duker Children’s Hospital and Massry Family Children’s Emergency Center. The vehicle is used to transport pediatric patients to tests, scans, and procedures, and was designed by Honda engineers to bring comfort and joy to patients.

“Being in the hospital can be scary for a child. Making it as kid-friendly and fun as possible does so much to enhance their experience,” said Carrie Danziger, MD, division chief of Pediatric Emergency Medicine.

Awards



- World's Best Hospitals, *Newsweek***
Saratoga Hospital
- America's Best Maternity Hospitals, *Newsweek***
Saratoga Hospital
- High Performing Hospital for Maternity Care, *U.S. News & World Report***
Glens Falls Hospital
- Rural Health Center, Centers for Medicare & Medicaid Services**
Columbia Memorial Health's Chatham/Ghent Family Care,
Callan Family Care in Copake, Valatie Family Care
- American Heart Association Get With The Guidelines**
 - Heart Failure Gold Plus**—Albany Medical Center
 - Stroke Gold Plus Target: Stroke Honor Roll**—Glens Falls Hospital
 - Stroke Gold Plus Target Stroke Honor Roll, Target: Type 2 Diabetes Honor Roll**—Saratoga Hospital
 - Coronary Artery Disease STEMI Receiving Center Silver Plus Target: Type 2 Diabetes Honor Roll**—Albany Medical Center
 - Stroke Silver Plus Target: Stroke Honor Roll Elite, Target: Type 2 Diabetes Honor Roll**—Columbia Memorial Health
 - Rural Stroke Silver**—Columbia Memorial Health
 - Coronary Artery Disease STEMI Receiving Bronze**—Saratoga Hospital
- Geriatric Emergency Department Accreditation, Bronze Level 3**
Glens Falls Hospital
Saratoga Hospital
- Press Ganey Human Experience Award: Guardian of Excellence**
Saratoga Hospital
- Leapfrog Hospital Safety Grade A**
Saratoga Hospital
- Center of Excellence in Minimally Invasive Gynecology and Robotic Surgery, Surgical Review Corporation**
Saratoga Hospital
- DNV Comprehensive Stroke Center Certification, Brain Attack Coalition and the American Stroke Association**
Albany Medical Center
- Endoscopy Unit Recognition for Digestive Diseases Center, American Society of Gastrointestinal Endoscopy**
Albany Medical Center
- CDPHP Top Doctors**
Albany Medical Center Internal Medicine and Pediatrics, Latham
Columbia Memorial Health Hudson Medical Care
Saratoga Hospital Primary Care, Schuylerville and Scotia-Glenville
- 70 Top Doctors 2025**
Hudson Valley Magazine
- Best Urgent Care, *Times Union* Best of the Capital Region Poll**
Malta Med Emergent Care





First Choice for Access and Growth

ACCESS TO CARE ISN'T JUST A PRIORITY FOR US. It's the foundation of better health and stronger communities. The System continuously evolves to meet diverse and emerging needs of the region. The health care landscape has shifted dramatically, and patients need and expect more—and different—care than they previously sought.



As the leading health care provider in northeastern New York, the System is dedicated to providing the best patient experience, quality, and clinical excellence in all settings—from the academic medical center to rural primary care clinics to patient homes.

Strategic partnerships connect the System with additional providers to better serve our communities and strengthen our areas of expertise.

Collaborations also bring care to patients in new settings from elementary schools to the Saratoga Race Course, improving the population's health by removing barriers to care.

Transforming Emergency Care

Improving Patient Experience and Outcomes

During a crisis when every minute counts, access to emergency care is critical. At the same time, more patients are turning to emergency rooms for minor and less urgent illnesses and injuries. To ensure the needs of our communities are met, two System hospitals are transforming their Emergency Departments to enhance patient experience, quality, and clinical excellence.

Construction is underway at the Glens Falls Hospital Sheridan Emergency Department. The \$25 million expansion will include:

- More than 7,000 square feet of new construction
- A dedicated CT scanner to help providers diagnose and treat patients faster
- Nearly double the number of rooms for the most seriously ill and behavioral health patients

- An area for patients with relatively minor illnesses and injuries, helping all patients receive the most efficient care possible

Glens Falls Hospital's new Crisis Stabilization Unit serves those experiencing mental health emergencies. The expanded area provides preliminary treatment, with a separate area for adolescents and children awaiting placement.



A rendering of Albany Medical Center's Emergency Department which will include smaller private spaces for patients.



The Sheridan Emergency Department waiting room at Glens Falls Hospital.

42,500

Emergency Department visits

The Sheridan Emergency Department at Glens Falls Hospital is often the first line of care for patients who have had skiing or hiking accidents or other mishaps in the Adirondacks.

A critical gateway to advanced medical and surgical care, construction has begun on Albany Medical Center's \$25 million project expected to add 7,000 square feet to the adult Emergency Department. The new and repurposed space will create:

- More than 20 patient care rooms
- An area for the most critically ill and complex patients
- Redesigned triage area
- Additional trauma bays
- Enhanced geriatric care

At Albany Medical Center, the Emergency Department implemented several initiatives to strengthen clinical excellence and enhance patient experience: launching a daily department safety huddle; adopting a split-patient flow model; and developing a tier plan. The tier system is activated based on the ED's patient volume and key hospital capacity indicators, allowing the organization to mobilize resources and alleviate bottlenecks—**decreasing ED wait times by 2 hours.**

Albany Medical Center's Emergency Department is one of the busiest trauma centers in New York State and the region's only Level 1 Adult and Pediatric Trauma Centers.

63,000

 adult Emergency Department visits

25,000

 Massry Family Children's Emergency Center visits

Saratoga Hospital Brings Care into the Community

Saratoga Hospital's Community Health Center makes comprehensive health care accessible to all members of the community regardless of income or insurance, keeping people healthy with preventive and primary care instead of in crisis at the Emergency Department.

For many patients, the Center offers their first experience with routine health care, providing primary, dental, behavioral, and addiction medicine services.

To address social determinants—the nonmedical conditions—of health, the Center works with mental health counselors, housing projects, and shelters for the unhoused to offer screenings and educational programs, building relationships by offering opportunities for the same person to engage over time.



“In our area we have high income inequity and gaps in quality of life and education that significantly impact the health of our neighbors. At the Community Health Center, we’re working to keep people healthy, living and being well.”

Renee Rodriguez-Goodemote, MD

*Medical Director
Saratoga Community Health Center*

The System’s care and educational missions intersect in a profound way in Saratoga. Albany Medical College students join the Community Health Center for the annual Summer of Service program where they identify a real community need and develop a sustainable solution. Recent projects have focused on building trust with the unhoused and addressing food insecurity.

“Our programs show how health care systems and communities can work together to improve health in meaningful, sustainable ways.”

Savita Mandhankumar

Albany Medical College student



Aging well begins with access to the right care, at the right time, in the right place. The Center for Successful Aging and Wellness will bring coordinated, compassionate care together under one roof in Saratoga Springs, making it easier for older adults to access the services they need, when they need them.

Designed to empower individuals to age with dignity and independence, the Center will focus on prevention, wellness, and seamless care coordination to improve outcomes and

reduce hospital visits. As the aging population continues to grow, this innovative model addresses a critical community need, removing barriers, enhancing quality of life, and supporting healthier, more connected living for older adults across Saratoga County.

Saratoga Hospital’s Backstretch Clinic reflects a deep commitment to caring for the community behind Saratoga’s racing tradition. Backstretch workers, who care for the horses and keep the industry running, often face long hours and limited access to health care. In response, Saratoga Hospital partnered with the Backstretch Employee Service Team and the New York Racing Association to bring high-quality care directly to these essential workers.

The clinic provides primary care, behavioral health services, and specialty care in dermatology and endocrinology.

Made possible through the generosity of philanthropist John Hendrickson in honor of Marylou Whitney, the clinic stands as a vital health source and meaningful investment in Saratoga’s racing community.





More Advanced Care in the Hudson Valley

The patient experience drives every innovation in health care. Today, many surgeries can be performed safely in an outpatient setting, allowing patients to avoid overnight hospital stays and recover more comfortably in familiar surroundings.

At Columbia Memorial Health, nearly 84 percent of procedures already take place on an outpatient basis. Recognizing this shift, a \$25 million expansion plan will transform Greene Medical Arts in Catskill into a state-of-the-art ambulatory surgery and specialty services center designed around the needs of today's patients.

The expanded facility will feature four operating rooms and two procedure rooms purpose-built for same-day surgery, creating a modern, efficient environment focused on safety, comfort, and quality. Specialists will also provide services not currently available in the area, including an enhanced cardiac care program.

“With our connection to the Albany Med Health System, a transformed Greene Medical Arts allows us to redouble our commitment to all the people we serve.”

Dorothy Urschel, DNP

President and CEO, Columbia Memorial Health



Participating School Districts

Broadalbin-Perth
Cairo-Durham
Canajoharie
Catskill
Germantown
Hartford
Johnstown
Northville
Schoharie
Watervliet

Albany Med Urgent Care Clinicians Connect to Students via Telehealth

New partnerships between the Albany Med Health System and regional school districts allow students to receive treatment for common ailments through telehealth appointments from their school nurse's office.

The participating nurses' offices are equipped with a handheld clinical device to examine ears, throat, and skin, and hear the student's heart and lungs to evaluate for asthma, bronchitis, pneumonia, cold, flu, ear and throat infections, conjunctivitis, and viruses. The information is shared in real time with urgent care clinicians who can provide orders to the school nurse to test for Covid-19, influenza, or strep, and offer over-the-counter medications like Tylenol, ibuprofen, and Claritin. Parental approval is required, and parents have the option to join the appointment from their personal devices.

For example, if a student comes to the school nurse's office with ear pain, the telehealth physician can determine if it's a mild ear infection, give an order for the student to get pain relief and return to class—while their prescription is sent to their pharmacy for parents to pick up after school. If a student needs additional treatment, such as stitches, the information from their visit will immediately be available to the System's physicians, and all pre-visit information will be completed prior to their arrival at the Urgent Care site.

“With this new program, a sick child can be evaluated by an urgent care provider with pediatric training to determine the best course of treatment right at school. By eliminating additional steps to care, we eliminate the need to miss school—minimizing disruptions for students and their parents.”

Jacqueline Weaver, MD

Associate Division Chief, Urgent Care, Albany Medical Center

Visiting Nurses

261,750

Licensed Home Care Hours

42,600

Visiting Nurses visits

658,000

miles driven



Visiting Nurses Home Health provides a wide range of referral-based skilled nursing services in the home, including wound care, pulmonary care, diabetes management, rehabilitation, and transition assistance.

Visiting Nurses Home Care offers personal care services in the home, including assistance with bathing, toileting, dressing, housekeeping, and meal preparation. In addition, home health aides are available to assist with colostomy care and temperature and blood pressure monitoring.

Visiting Nurses Staffing Alliance supports a significant volume of staffing needs throughout the System, helping to maintain continuity of care and stabilize operations. This internal staffing agency oversees placements for RNs, LPNs, surgical and ultrasound technologists, and x-ray technicians.



This Doctor Will See You at Home

Kevin Costello, MD, is one of a small number of primary care physicians in the Capital Region who care for patients in their homes.

Fellowship trained in geriatric medicine, Dr. Costello specializes in daily management and continuity of care for medically complex older patients, and sees more than 150 patients in their homes. In a typical week, he drives as many as 300 miles across an 11-county area.

Visiting Nurses' Patient Care Promotes Independence, Improved Recovery

One of the longest operating home health care providers in the nation, the Visiting Nurses offerings include nursing, physical therapy, occupational therapy, speech therapy, and home health aide, dietitian, and social work services.

Kristen Anuszewski has been an occupational therapist for 24 years and with the Visiting Nurses for the last two, helping people recovering from hip or knee replacements, spinal surgeries, or deconditioning due to a long hospital stay.

"Home care is such a valuable service," she said. "It helps people stay healthy and independent in their own home—and there's no place like your own home."



"Our care plays a critical role in improving patient outcomes by providing high-quality, personalized care in the comfort of a patient's home. This approach promotes faster recovery, reduces hospital readmissions, and enhances overall quality of life."

Samantha DiCicco, RN

CEO of the System's Visiting Nurses



First Choice for **World-Class Research**

RESEARCH IS CENTRAL TO THE MISSION of an academic health system—and as such the System is committed to the advancement of clinical research, discovery science, and transformative innovation.



Discovery is how today's questions become tomorrow's cures.

The System's scientists seek to understand diseases at the molecular level and translate those findings into better treatments. At the same time, many System clinicians are testing potential new therapies, procedures, or techniques to learn how to best manage and treat everything from heart disease to cancer.

Albany Medical College leads the Capital Region in research funding from the National Institutes of Health.

\$18.9M
in sponsored research

23 NIH grants in 2025
totaling **\$9.6 million**

227 active scientific
research awards

AI in Research

Researchers from **Albany Medical College** and **Rensselaer Polytechnic Institute** partnered on a **\$3.3 million grant** by the National Cancer Institute to use AI to improve targeted drug therapy in HER2-positive breast cancer treatment—an important part of many cancer therapies that improve specificity and reduce negative side effects.

\$2M Grant Awarded to Study Organ Failure

A five-year, \$2 million grant from the National Institutes of Health is supporting research on the role of endothelial cells—crucial to regulating blood flow and preventing blood clotting—in organ failure.

During critical illness or sepsis, these cells can become damaged and may release a multitude of small proteins called cytokines that can lead to overactive blood clotting, high white blood cell count, or excessive swelling, all of which contribute to tissue damage and organ failure.

“We hope that the knowledge gained from this study will lead to the development of innovative new therapies that prevent organ damage without suppressing the body’s immune response,” said Alejandro Adam, PhD, associate professor in the Department of Molecular and Cellular Physiology, who is leading the study.

Major National Urological Clinical Trials Start Here

Randomized clinical trials are the gold standard for evaluating the safety and effectiveness of potential new medical treatments, surgical interventions, or diagnostic procedures.

Badar M. Mian, MD, professor in the Department of Urology, led two national randomized clinical trials initiated at Albany Medical Center, and is continuing to analyze the results from a third, recently completed randomized trial.

- ProBE-PC study compared two techniques for prostate biopsy and found low risk of complications regardless of method.
- FOCUS-PC study examined the accuracy of different imaging techniques for targeted biopsy to diagnose prostate cancer.
- ARTS study aims to provide robust evidence on the benefits and harms of blood thinners before and after abdominal and pelvic surgery.

Prestigious Grant Awarded to Neuroscientists

Two scientists from the Department of Neuroscience and Experimental Therapeutics have been awarded a three-year CMTA-STAR grant from the Charcot-Marie-Tooth Association to explore an innovative approach to treat Charcot-Marie-Tooth disease type 1A (CMT1A).

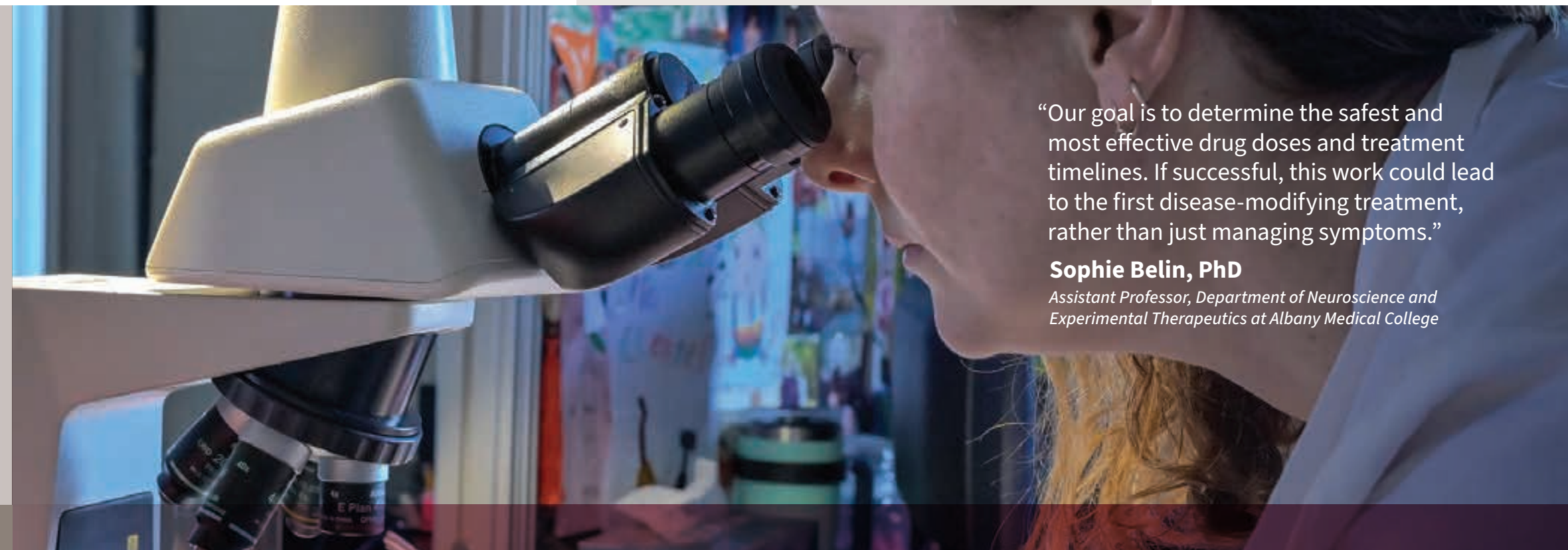
An inherited neuropathy that affects approximately one in 2,500 in the U.S., CMT1A causes nerve damage and muscle weakness, making walking difficult. There is currently no treatment or cure.

In the study, Assistant Professor Sophie Belin, PhD, and Associate Professor Yannick Poitelon, PhD, will test drugs known as TEAD inhibitors, which were originally developed to treat cancer, to target the root cause of CMT1A.

“Our goal is to determine the safest and most effective drug doses and treatment timelines. If successful, this work could lead to the first disease-modifying treatment, rather than just managing symptoms.”

Sophie Belin, PhD

Assistant Professor, Department of Neuroscience and Experimental Therapeutics at Albany Medical College



Bioinformatics at Albany Medical College

Bioinformatics is an interdisciplinary field combining biology, computer science, and statistics to analyze biological data, such as DNA sequences and gene expression. It uses algorithms and models to uncover molecular mechanisms, predict disease outcomes, and find potential treatments.

At Albany Medical College, bioinformatics is used in research on complex diseases, including sepsis, cardiovascular disease, and cancer, to uncover disease mechanisms and identify biomarkers. These efforts accelerate early diagnosis, enable personalized treatments, and enhance the System’s research profile.

This work supports innovative studies which in turn strengthens the College’s role as a leader in cutting-edge bioinformatics in the region, enabling scientists to bring pioneering research insights directly into clinical applications.

Research Partnership Yields New Insights into Breast Cancer Tumors

For more than a decade, breast cancer researcher Margarida Barroso, PhD, professor in the Department of Molecular and Cellular Physiology, has collaborated with Xavier Intes, PhD, professor in Rensselaer Polytechnic Institute’s Department of Biomedical Engineering.

Their most recent study details how a cutting-edge molecular imaging technique allowed them to quantify a drug’s efficacy against HER2-positive breast tumors.

The scientists hope that this type of advanced imaging could become a powerful analytical tool to monitor the delivery of new, targeted antibody drugs and to facilitate the therapeutic management of breast cancer.

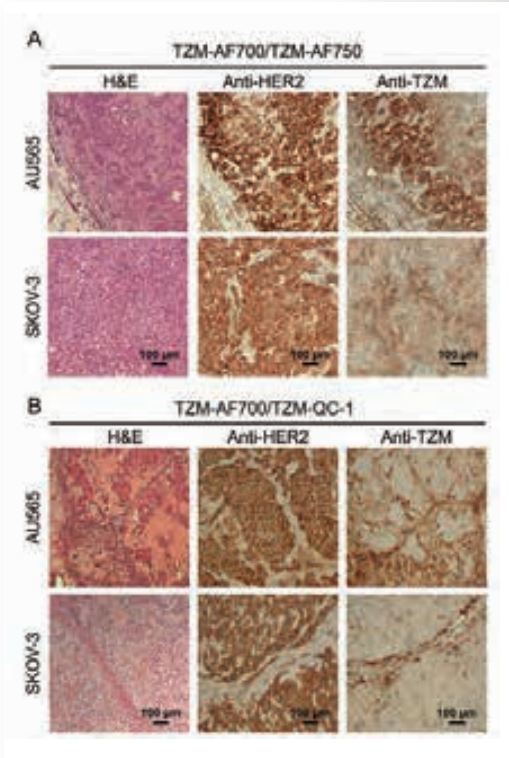
Over the last decade, this team’s breast cancer research studies have included:

- Developing imaging platforms to track drug delivery, therapeutic efficacy, and tumor resistance over time
- Potential of artificial intelligence to improve treatments

“How much of a drug is able to penetrate a tumor is influenced by the tumor’s microenvironment, which can explain why some tumors don’t respond to treatment while others do.”

Margarida Barroso, PhD

Professor, Molecular and Cellular Physiology at Albany Medical College



Collaboration with Business Incubator Leads to Pilot Study

As a bridge between research and industry, OTR helps bring biomedical innovations like IsoGuardian’s washable, reusable isolation gowns from concept to market, connecting inventors with accelerators, funders, and partners.

Since partnering with the College, IsoGuardian has registered with the FDA and its gown is now an FDA-registered Level 2 isolation gown available for purchase in the U.S.

“We’ve had the privilege of mentoring IsoGuardian as they brought their isolation gown from concept to market,” said OTR’s director, Stephanie Dosiek, who added that OTR is continuing to work closely with IsoGuardian to identify new opportunities as they introduce their product to a wider market.

The Office of Translational Research, Innovation, and Technology Transfer (OTR) helps bring biomedical innovations from lab to market, accelerating discoveries that improve patient outcomes and stimulate economic growth across New York’s Capital Region and beyond.

- Resources for intellectual property (IP) protection and licensing
- Support for translational and entrepreneurial development
- Collaboration opportunities with startups, small businesses, and regional partners
- Virtual business incubation
- Programs supporting underrepresented innovators, recognized by the SBA Growth Accelerator Fund

The goal is to connect inventors with accelerators, funders, and partners across the innovation ecosystem through education, assessment, and business development programs.



Albany Medical College Graduate Awarded Albany Prize for Identifying Hormone Leptin

The 2025 Albany Medical Center Prize in Medicine and Biomedical Research was awarded to Jeffrey M. Friedman, MD, PhD, whose discovery of the hormone leptin and its role in regulating food intake and body weight established a biological basis for obesity, has led to a life-saving treatment for people with the metabolic

disorder lipodystrophy, and opened the era of molecular exploration in the field of obesity research.

A 1977 graduate of Albany Medical College, Dr. Friedman is the Marilyn M. Simpson Professor in the Laboratory of Molecular Genetics at The Rockefeller University in New York City and an investigator with the Howard Hughes Medical Institute.

“This key discovery established that obesity is grounded in biology and opened new channels for research on obesity and other metabolic diseases. It has also led to an FDA-approved drug to treat the severe metabolic disorder lipodystrophy, and opened the door for potential treatments for a range of other metabolic diseases.”

Alan S. Boulos, MD '94

*Executive Vice President and
The Lynne and Mark D. Groban, MD '67
Distinguished Dean of Albany Medical College*



The Albany Prize

In 2000, the Marty and Dorothy Silverman Foundation dedicated \$50 million to award the \$500,000 Albany Prize annually for 100 years. It is intended to encourage and recognize extraordinary and sustained contributions to improving health care while promoting innovative biomedical research. Each recipient is nominated by their peers, and the prize is one of the most significant in medicine and science in the United States.

- Two previous Nobel Prize winners have been honored
- Ten recipients have gone on to win the Nobel Prize



First Choice for Academic Excellence

FOR MORE THAN 180 YEARS, Albany Medical College has never stopped looking ahead. By training the next generation of health care professionals, our reputation for a commitment to academic excellence shaped the future of medicine.



The only medical school within a 150-mile radius, the College is dedicated to not only providing a top medical education but also hands-on opportunities that enhance the experience for students and their patients.

Educating the Next Generation

Albany Medical College Celebrates the Class of 2025

- 124 medical degrees (MDs)
- 42 Master of Science degrees in Physician Assistant Studies
- 12 Master of Science or doctoral degrees (PhDs) in biomedical sciences
- 24 doctoral degrees in nursing practice from the Center for Nurse Anesthesiology
- 5 Master of Science degrees and 2 doctoral degrees from the Alden March Bioethics Institute

Physician Assistant Studies: For more than 50 years, Albany Medical College has used state-of-the-art technologies and diverse settings throughout our local communities to prepare students to care for patients and practice as physician assistants.



With an increasing shortage of health care providers nationwide, these advanced practice professionals are critical to team-based patient care. As part of their training, PAs complete coursework in:

- Basic medical sciences
- Behavioral and social sciences
- Health policy
- Clinical preparatory science
- Research methods
- Medicine and surgical specialties

Since 1951, Albany Medical College has been educating and preparing Certified Registered Nurse Anesthetists (CRNAs) to provide the highest quality patient care.

Trained in all aspects of the specialty, including obstetrical and surgical anesthesia, pain management, and trauma stabilization services, our CRNAs are qualified to work in all settings where anesthesia is administered.

During their Doctor of Nursing Practice degree program, students train throughout the System and other clinical sites in northeastern New York and western Massachusetts for a broad range of clinical experiences. Students also engage in a comprehensive simulation curriculum at the College's Patient Safety and Clinical Competency Center.

At the Albany Med Health System, CRNAs are an integral part of the perioperative team providing direct patient care from pre-op to recovery.



More than 40 percent of the region's health care professionals have trained at Albany Medical College.



The incoming Class of 2029

The MD with Distinction program offers students the opportunity to explore an area of personal interest to further develop knowledge and skillfulness. With their mentor's guidance, students develop a project addressing a problem in the medical arena, with field, clinical, analytical, or laboratory work. Focus areas include:

- Research
- Community Service—creating a sustainable service project with a community partner
- Health Systems Analysis—studying health care management or policy
- Bioethics—in conjunction with the Alden March Bioethics Institute
- Advocacy—focused on improving the non-medical determinants of health
- Nutrition
- Public Health



“We’re constantly pushing to improve outcomes while ensuring our patients receive specialized multidisciplinary care. This environment challenges me to grow everyday!”

Kirsten Simmon, MD, MTS
Oculoplastics Surgery Fellow

The Human Experience, the Heart of Medicine

Understanding the human experience in health and illness is at the center of a new health humanities initiative at Albany Medical College, integrating the arts and social sciences into medical education, research, and clinical practice. Megan Gerber, MD, MPH, was appointed assistant dean of health humanities to advance the integration of those perspectives into medical education, research, and clinical practice.

Dr. Gerber was also selected for the 2025-2026 class of fellows of the prestigious Hedwig van Ameringen Executive Leadership in Academic Medicine program at Drexel University College of Medicine in Philadelphia.

The intensive one-year fellowship program requires fellows to conduct an Institutional Action Project to address an institutional priority. Dr. Gerber will concentrate on potential ways to strengthen the focus on and approach to population health in primary care throughout the Albany Med Health System.



In memoriam

Julio Sosa, MD, longtime director of Albany Medical Center’s Cardiac Catheterization Laboratory and inspiration behind the College’s preeminent faculty development and recognition program died October 9, 2025 at age 95.



“Dr. Gerber is a strong proponent of improving the health outcomes and the health care experience for people who have experienced trauma. Her insight and leadership will be invaluable as we teach our medical students the importance of the humanities as an expression of healing, wellness, and insight into the patient perspective.”

Alan S. Boulos, MD '94

*Executive Vice President and
The Lynne and Mark D. Groban, MD '67
Distinguished Dean of Albany Medical College*

Unique Curriculum Reinforces Early Exposure for Lasting Impact

At Albany Medical College, first-year medical students are placed throughout the community through the Introductory Longitudinal Clerkship.

Such early clinical experiences with positive physician role models have been shown to help students develop foundational clinical skills, self-confidence, empathy toward patients, and a sense of professional identity.

Students are encouraged to consider ethical challenges and the role of the physician in the community and as an advocate for patients. New curricular threads contain thought-provoking topics critical to the next generation of physicians, including climate health, nutrition, and the care of patients with disabilities.

Expanded service-learning opportunities expose students to the challenges facing underserved communities, complementing work done in the classroom and demonstrating the critical need for physicians and health care systems to engage with the community through needs assessments and true partnerships.

Clinical Bridge Block Prepares Students for Patient Care

Second-year medical students undergo an intensive two-week Clinical Bridge Block designed to provide hands-on, simulation-based training prior to their third-year clerkships. Clinical skills, protocols, and team communication are emphasized, preparing students for patient care in a safe environment.

Students practice with standardized patients, manikins, and other simulation tools in the college’s Patient Safety and Clinical Competency Center, covering topics like airway management, suturing, and mock operating protocols. Small group meetings review expectations, patient safety, and clinical decision-making.

Heavily supported by faculty and residents from various specialties, the block ensures students are well-prepared for their first day in a clinical setting.



First Choice: Better Together

THE ALBANY MED HEALTH SYSTEM was formed to bring health care providers across the region together to coordinate and elevate care for everyone—building on each other's expertise and advantages, and bolstering areas through shared resources.



Patients are at the core of the System's transformation. With one highly integrated System, patients can expect a connected and seamless experience, regardless of the care setting, with consistent, elevated quality and clinical excellence.

Working together, the System expands access and reduces disparities, bringing life-saving, life-changing specialties closer to patients.

Engaging partners, other leaders in health care, academics, and technology strengthens the experience for all involved. Working as one health care community, including independent providers and health plans, bringing our collective expertise together, patients get the care they need, when and where they need it.



Charting a Course for Cardiac Excellence

With one team seeing patients in communities across our region, the Albany Med Health System is strengthening its commitment to comprehensive cardiac care. The recently launched Cardiac Steering Committee’s focus is to harness the resources of each System hospital to expand access to care and coordination between specialists, as well as longtime community partners Capital Cardiology Associates.

Through partnerships between hospitals and the implementation of a unified electronic medical record, the System has expanded access to heart and vascular care for more patients in more places. Referrals to higher levels of care are also made easier with more resources in one network.

“Being part of the Albany Med Health System is a great support for our local medical practice. We keep our dedication to patients in our community, with expanded access to advanced services and medical resources.”

Nicoleta Daraban, MD, FACC

*Medical Director and Chief of Cardiology
Saratoga Hospital Medical Group*

Enhancing Care Coordination Throughout System

The launch of Albany Med Health System’s unified electronic medical record platform, Epic, signaled even greater collaboration and access to care across the System.

Live at each System hospital, urgent care, and practice location, Epic allows the secure and seamless sharing of patient information between provider offices, leading to:

- Increased nurse and provider efficiency
- Decreased variability across campuses
- Improved transparency
- Increased cross-campus collaboration

Introduction of AI tools and resources

Providers began using DAX Copilot, a clinical documentation tool, to assist with note completion. Efforts will next focus on optimizing Epic, introducing new tools and features to enhance patient experience, access to care, and coordination among care teams.

MyChart is the System’s single patient portal that allows patients to access up-to-date test results, message their care team, manage appointments and prescriptions, and more.

330,000+
patients registered with MyChart



Collaboration Creates Community Clinic

Albany Medical Center and Maria College partnered to create a new Transitional Care Clinic to address clinical and social needs of recently discharged patients who do not have immediate access to follow-up or primary care.

Its mission is to improve health outcomes by reducing avoidable emergency department visits, preventing hospital readmissions, and ensuring coordinated support for patients with complex medical and social needs.

The clinic also addresses broader social determinants of health through partnerships with organizations such as Trinity Alliance for the Capital Region, connecting patients to resources for food security, housing stability, and transportation.

In an innovative teaching model, Maria College nursing students will work alongside Albany Medical College medical residents under the supervision of an Albany Medical Center hospitalist, fostering mutual respect, shared learning, and teamwork across health care disciplines.

The initiative was made possible through philanthropic investments, including the Innovation Partnership—a collaboration between Albany County and MVP Health Care—Albany County, and the Renaissance Corporation.

Partnership for Our Patients

The Albany Med Health System harnesses expertise across disciplines to provide consistent, high-quality care across the region. No one should face barriers to access care. The System strives to meet patients wherever they are on the map—or on their own personal journeys. It takes a team of dedicated professionals, both clinical and nonclinical, and strong partnerships with other providers and innovators, to make this possible.

- The System’s Departments of Emergency Medicine coordinate care in real time, across all our

emergency departments, urgent care sites, and with emergency responders to get patients to the most appropriate location as soon as possible.

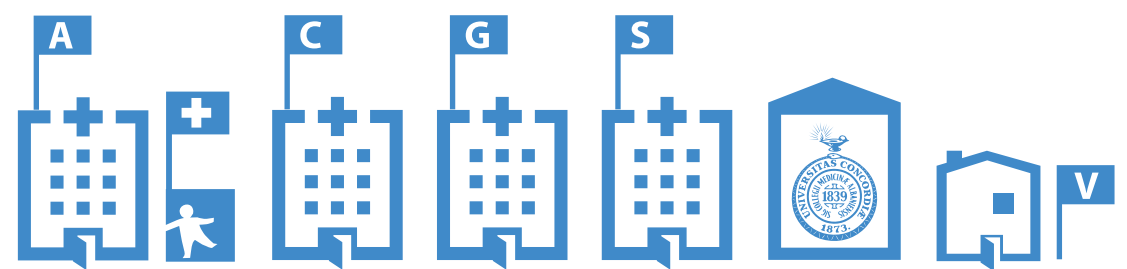
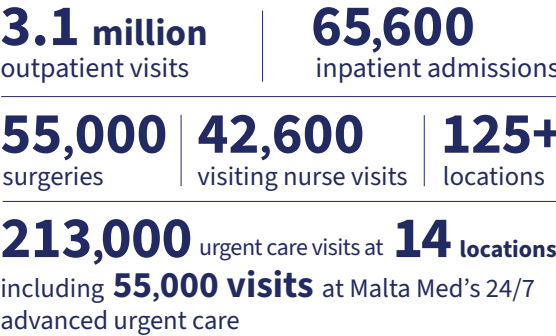
- The neurosurgery team leads the way in diagnostic and surgical treatments for central and peripheral nervous system diseases, seeing patients at clinics in Albany, Glens Falls, Greenwich, and Malta.
- Breast, thoracic, and vascular surgeons provide care at multiple campuses, broadening the reach of clinical excellence and specialized care, and multi-specialty centers offer high-level

care in convenient locations such as vascular surgery in our Amsterdam clinic.

- For high-risk pregnancies, the System’s Maternal Fetal Medicine specialists work with OB/GYN providers from the Hudson Valley to provide consultations and support for high-risk pregnancy patients from the Hudson Valley to the Canadian border.

THE ALBANY MED HEALTH SYSTEM

- 1 ACADEMIC MEDICAL CENTER
- 1 CHILDREN’S HOSPITAL
- 3 COMMUNITY HOSPITALS
- 1 MEDICAL COLLEGE
- 1 SKILLED NURSING AGENCY



All System Urgent Cares are connected to the entire System’s resources, including the Bernard & Millie Duker Children’s Hospital and Massry Family Children’s Emergency Center, both at Albany Medical Center. This allows for consultations with pediatric emergency medicine physicians, and referrals to more than 40 pediatric specialties.

“When we work together, we seamlessly connect patients with critical support during and even after hospitalization.”
Jason Mouzakes, MD ’95
President and CEO, Albany Medical Center



First Choice for Leading Technology

THE FUTURE OF HEALTH CARE is rooted in how we harness innovation to better serve our communities. At the Albany Med Health System, technology is not an end in itself. It is a powerful tool to enhance the human experience of care, improve outcomes, and support those who deliver it.



Across the System's hospitals and clinics, advanced imaging and screening technologies, artificial intelligence, and virtual care models are helping clinicians detect disease earlier, treat it more precisely, and stay connected to patients beyond traditional settings. Robot-assisted surgeries reduce complications and shorten recovery times, allowing patients to return more quickly to their lives.

At the same time, the System's commitment extends to education and discovery. Students train with leading-edge simulation tools that prepare them for real-world care, while researchers collaborate through strategic partnerships to develop the next generation of therapies and medical devices.

Using Artificial Intelligence to Improve Stroke Outcomes

Rapid AI software helps physicians more quickly assess, diagnose, and prepare to treat patients experiencing strokes. The software evaluates brain scan images taken at System hospitals and immediately notifies neurologists and neurosurgeons when a patient is experiencing an intracerebral hemorrhage. It then evaluates potential salvageable brain tissue, allowing physicians to determine the best course of treatment and whether the patient is a candidate for endovascular intervention at Albany Medical Center, the region's only Comprehensive Stroke Center with a dedicated team of fellowship trained endovascular neurosurgeons. This timely intervention reduces the time to treatment and improves patient outcomes when seconds matter.

Analyze This: Ambitious Pathology Project Advances System Integration

The implementation of a robotic lab line in Albany Medical Center's Department of Pathology and Laboratory Medicine has advanced a System goal: the integration of pathology services across all four hospitals.

The lab line uses robotics to quickly and efficiently analyze blood samples between different labs within the department, sorting specimens based on chemistry, coagulation, and hematology.

Using a phased approach, the System is developing a Regional Reference Lab to align and coordinate all lab services across the System—leading to a more streamlined and efficient operation and enhancing the patient experience. The project is designed to take advantage of Albany Medical Center's advanced capabilities, while providing expert analysis to all patients, regardless of how complicated their condition is or where they live.

- 180 feet of linear track
- 7,000 samples per day around the clock

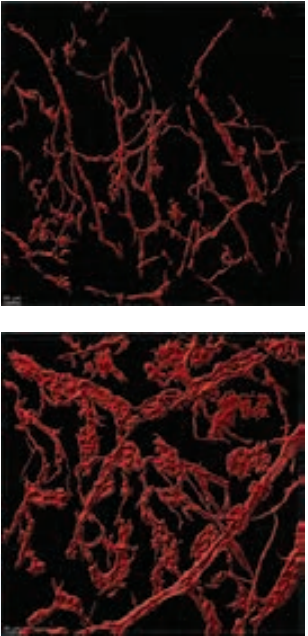
New Partnership with RPI to Share Key Research Facilities

Two leaders of biomedical, biotechnology, and bioengineering studies in the region—Albany Medical College and Rensselaer Polytechnic Institute (RPI)—have partnered to elevate the impact of their vast knowledge and expertise. Faculty from each institution have reciprocal access to the other's core facilities for research purposes and shared access to the technical services and expertise unique to each institution.

The research core facilities at the two institutions have some of the most advanced imaging technologies, molecular biology and flow cytometry instruments, and high-performance computing systems and specialized software tools in the region.

Albany Medical College's imaging core facility includes a Nikon AX R MP multiphoton microscope, the only one in the region. The College also has a bioinformatics core, dedicated to providing comprehensive bioinformatics support for high-throughput sequencing data analysis, and a flow cytometry core that provides flow cytometry, multiplex cytokine analysis, and histology services.

These higher power images taken with the Nikon AX R MP microscope show blood vessels from the ear skin of a mouse.



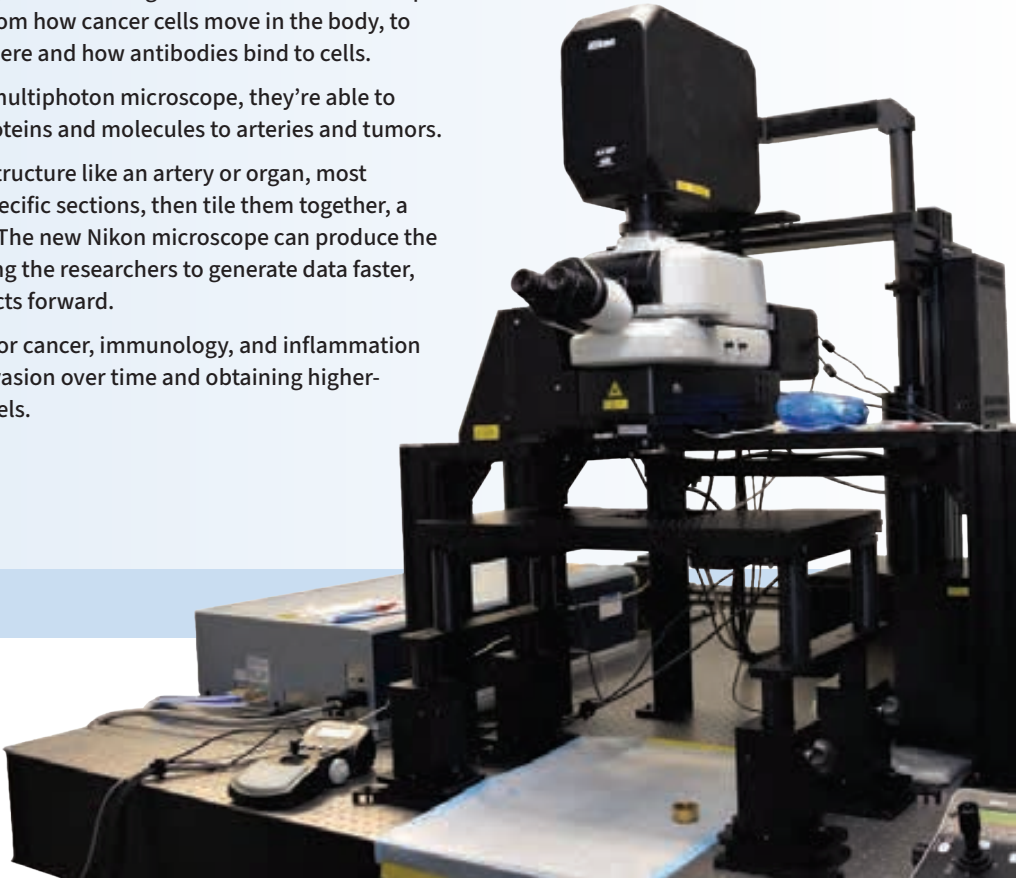
Multiphoton Microscope Adds Speed, Clarity to Biomedical Research

The high-tech microscopes used by Albany Medical College's research scientists help them study the mechanisms of disease, from how cancer cells move in the body, to potential new targets for treatment, to where and how antibodies bind to cells.

With the new state-of-the-art Nikon AX R multiphoton microscope, they're able to look even deeper into everything from proteins and molecules to arteries and tumors.

To obtain an image of a larger biological structure like an artery or organ, most microscopes collect multiple images of specific sections, then tile them together, a process that can take three to four hours. The new Nikon microscope can produce the same image in about two minutes, allowing the researchers to generate data faster, test more new questions, and move projects forward.

The microscope has been used primarily for cancer, immunology, and inflammation research, including tracking tumor cell invasion over time and obtaining higher-power, 3D images of abnormal blood vessels.



The Albany Med Health System was named among the Most Wired health care organizations in the nation by the College of Healthcare Information Management Executives in recognition of the System's adoption, integration, and impact of technology—specifically in the Acute Care and Ambulatory Care categories.

Leading Technology in the Region

As the first of its kind in the region, **GE Healthcare Omni Legend PET/CT** system at Saratoga Hospital’s Wilton Medical Arts offers precision imaging and earlier disease detection for more effective treatment planning and improved patient outcomes across oncology, neurology, and cardiology.

The advanced cardiac PET imaging offers a highly accurate, noninvasive approach to identifying coronary artery disease, often before symptoms appear.

The high-resolution anatomical and functional imaging, faster scan times, and enhanced image quality also reduces patient discomfort and radiation exposure—with ambient lighting and calming visuals to ease anxiety.

The latest **Mako** surgical robot, produced by Stryker, allows surgeons at Albany Medical Center to perform minimally invasive hip and knee replacements with more precision and personalization for each patient’s unique condition. This also reduces recovery times.

Robotic-assisted joint replacement allows for less soft tissue disruption inside the patient’s joint and has been shown to reduce post-operative stiffness, allow improved early range of motion, and a more natural feeling knee replacement.

With the **da Vinci 5** robotic surgical system, the most advanced available, Saratoga Hospital brings next-generation technology into clinical use.

The enhanced ergonomics, improved visualization, and dramatically faster energy generator are designed to improve surgical precision, reduce operation time, and support smoother instrument exchanges, supporting a better patient experience, particularly for complex cases.

Newly installed **Esaote O-scan** technology—the first-of-its-kind in the region—at Columbia Memorial Health’s Bone and Joint Center in Hudson also means isolated scans can be taken of arms, wrists, hands, legs, ankles, or feet so certain patients don’t have to undergo a fully immersed MRI.

Hospital’s First Robotic Whipple Advances Pancreatic Cancer Care

A surgical oncology team led by Sandra DiBrito, MD, PhD, performed Albany Medical Center’s first robotic Whipple operation—a complex surgery commonly performed on patients with pancreatic cancer or other tumors to remove the head of the pancreas and associated structures.

This minimally invasive approach enables patients to go home sooner, recover faster, and resume life sooner—significantly smaller incisions in the abdomen result in less pain after surgery and less scar tissue.

While patients commonly ask if their surgeries can be done laparoscopically, Dr. DiBrito said the patient must also be a good candidate for robotic procedures, as not all patients are safe to have minimally invasive surgery.

This milestone highlights Albany Medical Center’s commitment to staying at the forefront of surgical innovation, ensuring patients have access to advanced, specialized care without leaving the region. Only select centers across the country offer complex hepatobiliary surgery robotically.



“With our addition of the latest Mako robotic system, our team can provide more precise surgical alignment, resulting in a joint that performs better and feels more natural. We are proud to offer our patients this technology that improves their comfort and quality of life.”

Richard Uhl, MD
*Surgeon and Chair, Department of Orthopedics
Albany Medical Center*

“Albany Med is a place where you can have absolute cutting-edge robotic surgeries of any type. We will do your aggressive cancer surgery robotically if we can, and we will get you healing as fast as we can.”

Sandra DiBrito, MD, PhD
Surgical Oncologist, Albany Medical Center



New Tools Streamline Lung Cancer Detection and Treatment

The only program in the region that includes experts in both interventional pulmonology and thoracic surgery, Albany Medical Center's specialists use state-of-the-art scanning techniques and the latest robotic devices to detect lung cancer at its earliest stage, when treatment is most effective and least invasive.

Most procedures use either a cone beam CT, a scanning technique where x-rays form a cone shape to pinpoint the precise location of suspicious small nodules for biopsy, or the Intuitive Ion Endoluminal System, a robotic-assisted bronchoscopy platform that generates a 3D map of the patient's lungs and identifies the safest and most efficient route to suspicious nodules. Since performing the first procedures in the region in 2023, the team has used the Ion robot on more than 350 cases.

Additional tools in their arsenal include cryobiopsy, which uses super cold probes to freeze larger tissue samples that are then extracted, and fiducial markers, tiny metal implants placed in or near tumors or nodules that show the suspicious area to be treated or removed.

The Intuitive Ion Endoluminal System helps detect and treat lung cancer.



Advanced Biplane Hybrid OR Revolutionizes Endovascular and Pediatric Heart Procedures

A new hybrid operating room equipped with biplane technology combines state-of-the-art imaging technologies with a fully integrated sterile surgical operating suite, revolutionizing complex endovascular and pediatric catheterization procedures and allowing for seamless transition between minimally invasive and open vascular surgery techniques.

Enhanced image quality with both two- and three-dimensional capabilities during complex procedures allows surgeons to make real-time decisions, personalizing care for each patient.

Simultaneous visualization from different angles is crucial for navigating complex vascular anatomy in endovascular procedures. In pediatric cases, the ability to visualize tiny, intricate heart structures in real-time allows for safer repairs of congenital defects and better long-term outcomes for children—enabling cardiac specialists to perform more complex congenital procedures locally.

With the advanced imaging quality, minimized radiation and shorter duration of anesthesia, the technology enhances patient safety and efficacy, resulting in shorter hospital stays and better patient outcomes.

“The technology available in the hybrid OR allows us to be more efficient and provide better patient care.”

Nicholas Field, MD

*Endovascular Neurosurgeon
Albany Medical Center*

A large background image showing a male doctor in a white coat and a woman looking at a computer monitor. The monitor displays a grid of colorful data points. In the foreground, a hand holds a red anatomical model of a heart.

First Choice for People and Purpose

THE ALBANY MED HEALTH SYSTEM relies on a team of more than 17,000 employees to achieve our vision of being the first choice for patient experience, quality, and clinical excellence.



In more than 920 different roles—from the health care professionals in hospitals and clinics, to the educators and researchers, to supporting services—every member plays a critical role in delivering the highest standards of care.

Strong teamwork in every setting is paramount to success. The System is committed to creating a work environment that promotes respect and accountability and prioritizes employee health and well-being.

The System is dedicated to fostering a culture of belonging, engagement, accountability, and shared purpose—one that supports employees and makes the System a place where people are proud to work, grow, and build their careers.



Nursing Excellence Central to System Care, Philosophy

From community clinics to the most acute services, nurses are the cornerstone to providing the highest standard of patient care. The System’s nurses hold the most diverse skill set, working to ensure coordinated care during every moment of a patient’s journey: it may begin at

a primary care office in Saratoga County, lead to a visit with a specialist in Albany, and continue with follow-up care at home.

Magnets for Success

The American Nurses Credentialing Center Magnet Recognition Program—among the highest honors a hospital can receive for nursing excellence—recognizes organizations where nursing leaders align strategic goals in nursing to improve patient outcomes.

Saratoga Hospital earned its fifth designation in July 2025. Fewer than 10 percent of U.S. hospitals have achieved Magnet status, and less than one percent have done so five times or more.

Glens Falls Hospital earned its second Magnet Recognition in October 2025, a status that reflects sustained investment in nursing achievement including education and certification, professional development, and innovative practices.

In May 2025, Columbia Memorial Health received a \$5 million grant from the Mother Cabrini Health Foundation’s Nursing Initiative program to pursue Magnet Recognition over the next five years. Albany Medical Center is also beginning the Magnet Recognition process.



“Earning Magnet designation is more than a badge of honor—it’s about creating an environment where nurses, patients, and the entire organization thrive.”

Jamie Aliperti, RN

Magnet Program Director, Glens Falls Hospital



Darn Tough GFH: Building connections, fostering wellness, enjoying nature

In the midst of the Covid-19 pandemic, three RNs from Glens Falls Hospital decided to meet up for a hike, welcoming the opportunity to be outside and understanding the importance of prioritizing personal wellness.

Soon they invited colleagues to join them monthly, sharing routes and encouraging folks to get out onto the trail. Staff from across the hospital joined, building and growing relationships between colleagues.

Now the group shares their schedule well in advance and offers hikes on alternating weekends and days for those who work different shifts.



“We sweat together. We support each other across raging rivers. We’ve seen a whole different level of relationship building. It has united colleagues across all levels of our organization.”

Michelle Richard, RN

Glens Falls Hospital



Nurses are the largest sector of the System's workforce.

400+ new nurses at Albany Medical Center

60+ new nurses at Columbia Memorial Health

145+ new nurses at Glens Falls Hospital

56 new graduate RNs for Nurse Residency Program

125+ new nurses at Saratoga Hospital

Each hospital within the Albany Med Health System has been recognized as a Dr. Lorna Breen Health Foundation's Wellbeing First Champion for prioritizing their workforce's mental health.



Glens Falls Hospital



Albany Medical Center



Glens Falls Hospital and Albany Medical Center

Albany Medical Center was named a 2025 Joy in Medicine Organization by the American Medical Association in recognition of efforts to reduce physician burnout and enhance professional fulfillment.

A \$1 million grant from the KeyBank Foundation to support recruitment, retention, and workforce development initiatives including career mapping and coaching, financial support for nurses, and removing barriers for entry-level employees.

Albany Med Health System and the University at Albany launched a new four-year Bachelor of Science in Nursing program to help strengthen the Capital Region's nursing workforce. Combining academic excellence with hands-on clinical training, students begin gaining real-world experience at System facilities in their first semester—one of the earliest clinical immersion models in New York.

"Physician well-being has a direct impact on improved retention and recruitment, quality, and care delivery—leading to enhanced patient care. This recognition is a great demonstration of the coordinated and sustained determination to improve the culture of physician satisfaction and well-being throughout our institution."

Alan S. Boulos, MD '94

*Executive Vice President and The Lynne and Mark D. Groban, MD '67
Distinguished Dean of Albany Medical College*



“I joined the Albany Med Health System because I needed to consider the future for my family. I have stayed because I enjoy the work I do, working with my team, and the work environment. I love all the different people I meet and help throughout the day.”

Deanna Weller

Supply Chain Lead, Glens Falls Hospital

First Choice for Community Impact

THE ALBANY MED HEALTH SYSTEM is integral to the communities we serve, above and beyond the health care we provide, with workforce, research, investments, and outreach shaping the area today and for generations come.

An Economic Engine

As the region’s only academic health system, the Albany Med Health System generates funds as a major employer, large-scale purchaser, and regional hub that attracts students and visitors.

\$6 billion
economic impact

\$558 million
tax dollars generated

26,900+
jobs supported



Total Community Benefit and Investments: \$452 Million

Adhering to our mission, the System covers the cost of care provided to people in need; subsidizes care and services to low-income, elderly, and underserved communities; and continuously invests in community health initiatives. In the System, Medicare and Medicaid patients make up 70 percent of all hospital admissions and 56 percent of outpatient care.

\$43M charity care **\$33M** uncompensated care

As part of our commitment to the well-being of our region, the System partners with community organizations to support population health.

- 6,500+ hours of service learning at Albany Medical College, designed to expose medical students to the challenges facing underserved communities in our area, fostering compassion and competency while benefitting community members with limited access to care.
- 100+ community partnerships throughout the System including school districts, not-for-profit organizations, social service groups
 - ▶ **American Cancer Society**
 - Patient transportation and lodging
 - Prevention and screening
 - Nearly \$4 million in research funding over the past 19 years
 - ▶ **To Life!**
 - Supportive counseling, peer mentoring, education and wellness programs
 - Boutique fitting services for individuals with hair loss and those looking for mastectomy products
 - ▶ **Warren and Denyse Mackey Foundation’s Heart of Hope Campaign**
 - Free cancer screenings and life-saving education for Black and brown communities who experience higher risks of cancer and heart disease
 - ▶ **American Heart Association**
 - Centered on improving cardiovascular care, patient outcomes, and community health
 - Heart Walk, Heart Ball, and Go Red for Women Luncheon
 - Faculty members serve on its local Board of Directors



Supporting the Arts’ Role in Health and Well-Being
A cornerstone of the Capital Region, the Saratoga Performing Arts Center welcomes generations of fans to experience unforgettable performances under the stars. Now the Albany Med Health System will serve as a presenting partner of Live Nation-promoted concerts and a featured partner of SPAC’s classical season, enhancing community connection.

“SPAC is a landmark that, like the Albany Med Health System, is deeply rooted in the identity of our region. The arts, and the spaces where we come together to enjoy them, play a meaningful role in the health and well-being of every person and community. This partnership reflects our shared commitment to the Capital Region as a place where people can thrive and are proud to call home.”

Daniel T. Pickett III
President and CEO of the Albany Med Health System



Philanthropy

Clockwise: Glens Falls Hospital's Aloha 5K event, Columbia Memorial Health's Speakeasy Soiree, Saratoga Hospital's Cabana Club, and Albany Medical Center's Radiothon.

The System's Foundations act as bridges between our hospitals and our communities. With their philanthropic missions, they help secure financial resources to enhance patient experience, quality, and clinical excellence.

The **Albany Medical Center Foundation** raised a record-breaking \$1.75 million at five signature events that support the Bernard & Millie Duker Children's Hospital, Melodies Center for Childhood Cancer and Blood Disorders, and the Department of Emergency Medicine thanks to generous sponsors, grateful patients, board

members, community leaders, corporate partners, volunteers, and dedicated staff. The Foundation also received \$1.8 million from the Nicholas T. Mancinelli Family Trust in support of the Melodies Center and launched Transforming Emergency Care in support of the expansion and renovation of the hospital's Emergency Department.

The **Columbia Memorial Health Foundation** celebrated new leadership in 2025: advancement director Shanna Mazzelli was appointed executive director and former Columbia Memorial Health President and CEO Jay P. Cahalan was appointed Chair of its Board of Trustees. The Foundation supported CMH initiatives including the expansion of the Women's

Health Center, ultrasound and MRI technology, and nursing and medical imaging scholarships at Hudson Valley and Columbia-Greene community colleges.

In 2025, the **Glens Falls Hospital Foundation** broke ground on the expansion and renovation of the Sheridan Emergency Department project, the centerpiece of a comprehensive campaign that was launched in 2023. With the tremendous fundraising momentum, the Foundation surpassed the original goal of \$15 million and expanded to \$17

million to cover some cost increases for construction—with the goal of completing this essential project without incurring any new debt.

The **Saratoga Hospital Foundation's** annual hospital gala raised a record \$490,000 to support the hospital's community benefit programs, including an auction of naming Stewart's Shops ice cream flavors. The Foundation also supported lifesaving cardiac care with two LUCAS chest compression systems that provide rapid, high-quality CPR, and raised funds for the purchase of a new linear

accelerator that will expand access to advanced, state-of-the-art treatment close to home. With the 17th Annual Cantina Kids Fun Run, the Foundation surpassed \$1 million in total support for pediatric emergency services.

The **Visiting Nurses Foundation** supports the work of the Visiting Nurses Association, providing assistance to patients without resources, while also assisting with items that can significantly improve patient safety and independence—ultimately their quality of life.

Albany Med Health System | 2025

Hospital and Patient Care	
Licensed beds	1,520
Licensed bassinets	20
Patient admissions	65,587
Patient days	382,323
Observation cases	15,243
Observation days	21,094
Outpatient visits	3,117,807
Average length of stay (days)	5.71
Average daily census	1,116.5
Surgical cases	54,985
Emergency Department visits	194,251
Visiting Nurses visits	42,636
Licensed Home Care hours	261,753

Employees	17,620
-----------	--------

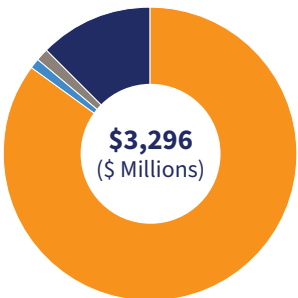
Faculty	
Full-time physicians	941
Residents	517
Basic science faculty:	121
Full-time	68
Part-time	13
Volunteer	24
Emeritus	16

Graduate Studies	
Graduate students (total enrollment)	272

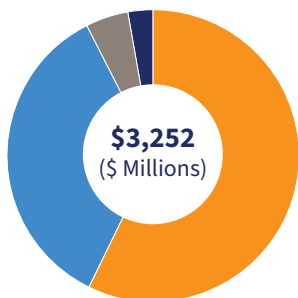
Medical College	
Medical students (total enrollment)	585
Freshmen	145
Average GPA (of incoming freshmen)	3.8
Medical school applications	14,157

Research Funding (\$ millions)	
Total sponsored research	\$18.9
Basic science	\$13.9
Clinical science	\$5.0
Active awards	227
Peer reviewed publications	719

Unrestricted Revenues (\$ millions)		
Patient and service	\$2,808	85.19%
Gifts and grants	\$37	1.12%
Tuition and fees	\$45	1.37%
Other revenue	\$406	12.32%
Total revenue	\$3,296	100%



Unrestricted Expenses (\$ millions)		
Salaries and benefits	\$1,868	57.44%
Supplies and purchased services	\$1,144	35.18%
Depreciation and interest	\$155	4.77%
Other expenses	\$85	2.61%
Total expenses	\$3,252	100%





ALBANY MED
Health System

albanymed.org